



# San Mateo County Behavioral Health and Recovery Services Psychiatric Grand Rounds

## Suicide Prevention Among Older Adults

Presented by

**Patrick Arbore, EdD**

*Institute on Aging, Center for Elderly Suicide Prevention*

**Carmen Lee**

*Stamp Out Stigma*

**Barbara Yates, MD**

*San Mateo County Behavioral Health and Recovery Services*

**Tuesday, September 13, 2016**

**12:15 – 1:30 PM**

225 West 37<sup>th</sup> Avenue – Multipurpose Room 100

San Mateo, CA 94403

### GOALS & OBJECTIVES:

At the conclusion of the lecture, participants will be able to:

1. Explain why it is important to focus on suicide prevention among older adults.
2. Discuss the three most critical warning signs of suicide among older adults.
3. Verbalize in your own words what you would say to an older adult you think may be at risk of suicide.

### CME MEDICAL EDUCATION

The **County of San Mateo, Behavioral Health and Recovery Services** is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The **County of San Mateo, Behavioral Health and Recovery Services** take responsibility for the content, quality and scientific integrity of this CME **live** activity.

The **County of San Mateo, Behavioral Health and Recovery Services** designates this educational activity for a maximum of 1.25 **AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the *CMA Certification in Continuing Medical Education*.

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### IMPORTANT CONTINUING EDUCATION INFORMATION:

This course is provided free of charge. Unless otherwise noted, all activities included within the course are eligible for CEU/CEH credit. For those attendees that successfully complete the course, a completion certificate will be provided at the conclusion of the course or within 30 days via mail/email.

San Mateo County Behavioral Health & Recovery Services is approved to provide the following:

-This course meets the qualifications for 1.25 hours of continuing education credits for LMFTs, LCSWs, and LPCCs as required by the California Board of Behavioral Sciences. CAMFT CE Provider # 128414

-Provider approved by the California Board of Registered Nursing, Provider Number CEP1405, for 1.25 contact hours.

**DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS:** The speaker(s) and planner(s) declare that neither they, nor any member of their immediate families, have had a financial relationship in the past 12 months that is relevant to this training activity.

**CULTURAL AND LINGUISTIC COMPETENCY.** The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area. San Mateo County provides interpretive services through the Health Care Interpreter Network (HCIN). The San Mateo County Language Assistance intranet site is at: <http://intranet.co.sanmateo.ca.us/healthsystem/interpretation-translation/>. For more information on Cultural Competence resources San Mateo County Health System offers visit the San Mateo County Office of Diversity and Equity website at: [www.smchealth.org/bhrs/ode](http://www.smchealth.org/bhrs/ode)

If you require accommodation for a disability or have any questions or concerns, please contact Kim Westrick at (650)573-2565 or [kwestrick@smcgov.org](mailto:kwestrick@smcgov.org). or Dina Gibbs at (650)573-5036 or [dgibbs@smcgov.org](mailto:dgibbs@smcgov.org).

TARGET AUDIENCE: Community Members/Behavioral Health and Recovery Services Staff/MH Clinicians

SUPPORTED BY: San Mateo County Behavioral Health and Recovery Services